

# GENERAL LIABILITY RELEASE FORM

## MASSAGE THERAPY SERVICES

**By signing below you agree to the following:**

- 1)** I give my permission to receive massage therapy.
- 2)** I understand that therapeutic massage is not a substitute for traditional medical treatment or medications.
- 3)** I understand that the massage therapist does not diagnose illnesses or injuries, or prescribe medications.
- 4)** I have clearance from my physician to receive massage therapy.
- 5)** I understand the risks associated with massage therapy include, but are not limited to:
  - Superficial bruising
  - Short-term muscle soreness
  - Exacerbation of undiscovered injury

I therefore release the company and the individual massage therapist from all liability concerning these injuries that may occur during the massage session.

**6)** I understand the importance of informing my massage therapist of all medical conditions and medications I am taking, and to let the massage therapist know about any changes to these. I understand that there may be additional risks based on my physical condition.

**7)** I understand that it is my responsibility to inform my massage therapist of any discomfort I may feel during the massage session so he/she may adjust accordingly.

**8)** I understand that I or the massage therapist may terminate the session at any time.

**9)** I have been given a chance to ask questions about the massage therapy session and my questions have been answered.

**Print Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**Signature** \_\_\_\_\_